



Getting Past the Pain Between Us: Healing and Reconciliation Without Compromise (Nonviolent Communication Guides)

Marshall B. Rosenberg PhD

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In this important and insightful work, Marshall B. Rosenberg, PhD, demonstrates the powerful healing potential of the Nonviolent Communication (NVC) process. You can transform emotional pain, depression, shame, and conflict into empowering connections. Rosenberg shares that behind all emotional pain are unmet needs. He provides simple steps to create the heartfelt presence necessary for healing to occur. Learn how to transform your relationships, find satisfying reconciliation, and move beyond pain to a place of clear, honest communication.

Through role-play dialogues and every-day examples, Rosenberg demonstrates the keys to healing pain and conflict without compromise. The healing power of NVC provides practical and effective tools for individuals, mental health practitioners, mediators, families and couples.

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