



# The Recipe Book for 10

*Lynn E. Robbins*

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## **The Recipe Book for 10** Lynn E. Robbins

The Recipe Book was designed to be used with "The Menu Book", but can be used as a stand alone recipe book. It contains over 1,000 mouth watering recipes that are portioned according to the number of residents in your facility: 10, 25, 50, 100 or 200 Residents.

The recipes are healthy -- lower in fat, sodium and calories. They are geriatrically portioned to help cut food costs. The book is categorized with durable tabs with the category printed on the tab. There are lots of stress-reducing time and money suggestions, tips and help that includes substitutions, storage tips, short cuts, nutritional information and much, much, more.

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