



Molluscs and Me

Helen Jean Howard

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Molluscs and Me is a celebration of the Kent countryside and a story of how fulfilment can come from an unusual source. Without acres of land, Helen decides to start an edible snail farm in her spare bedroom. In the face of prejudice, she searches for a market for her escargots and does everything she can to get her snails into the public eye and onto their plates, from farmers markets and visiting local schools to inviting TV cameras into her home. But when the snails refuse to lay eggs, will Helen have to admit defeat? When small furry animals move in to dine on escargots au naturel, will Freddie and Dusty the ferrets save the day? Molluscs and Me is a true story of determination and entrepreneurship about setting up and running an edible snail farm in East Kent. Recipes and information about snail farming and snail cooking through history and around the world are sandwiched between the chapters. This book is for you if you are fed up with the rat race or dreaming of a new way of life.



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