



Moving Beyond Technique 2nd Edition: How to nurture your passion, master your craft and create a thriving Pilates business

Chantill Lopez

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In "Moving Beyond Technique: How to Nurture Passion, Master Your Craft, and Create a Thriving Pilates Business," Lopez deftly and compassionately guides both new and seasoned Pilates teachers through the often-ignored realities and challenges of being a body/mind/movement teacher. She delves deeper than teacher training manuals and over-billed continuing education courses to give readers practical and vital tools to: - identify core commitments - create boundaries - face and defeat demons - establish ultimate teacher/student relations - amplify client/student retention - revitalize their love of teaching With personal inventory check-ins, practical checklists and other real-life strategies for boosting business and fostering richness in a service-based career, "Moving Beyond Technique" helps readers rekindle their love of teaching and amplify the meaning and joy in their work.

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