



# A Life of Our Own: Learning from Autism

*Aileen McGee*

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## **A Life of Our Own: Learning from Autism** Aileen McGee

A Life of Our Own will empower the reader to live a more fulfilling and authentic life, regardless of challenging circumstances. It offers twelve stepping stones to help anyone navigate through difficult times, especially when life doesn't go according to plan, or when it changes dramatically due to a life-changing event. The book is inspired by the author's autistic son, Cian. Cian is mostly non-verbal. Words do not come easy for him, but when he speaks his words have proved to be meaningful and often profound. The author shares her son's wisdom with the reader and demonstrates how his insight has taught her how to live a life of her own against the odds. Each of the twelve chapters contains a stepping stone inspired by Cian's simple words and messages.

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A lot of people always spent their free time to vacation or even go to the outside with them household or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. In order to try to find a new activity that is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent all day long to reading a e-book. The book A Life of Our Own: Learning from Autism it is very good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. Should you did not have enough space to bring this book you can buy often the e-book. You can m0ore easily to read this book from a smart phone. The price is not to cover but this book possesses high quality.

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