



# Motor skills acquisition in the first year: An illustrated guide to normal development

*Lois Bly*

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**Motor Skills Acquisition in the First Year** is a descriptive presentation of normal motor development and skill acquisition during the first year of life. It gives a greater understanding of normal motor development and normal movement in infants, in order to treat infants with delayed or aberrant movements. The goal of this book is to inform and enhance knowledge, understanding, and observational skills in the assessment of normal motor development, and to present an analysis of the motor components that babies use to achieve each milestone normally. It provides a background for enlarging the scope of kinesiological analysis and will serve as a stimulus for others to further investigate and analyze the kinesiological aspects of motor development.

## Key Features

- \* Shows how a baby's first-year motor skill milestones are achieved, and how they evolve into skills
- \* Presents an analysis of the motor components that babies use to achieve each milestone normally
- \* Includes 300 beautiful photographs to capture the essence of normal motor development
- \* An invaluable resource for those who treat infants with motor problems

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