



The Limits of Biological Treatments for Psychological Distress: Comparisons With Psychotherapy and Placebo

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Broadly scanning the biologically oriented treatments for psychological disorders in 20th century psychiatry, the authors raise serious questions about the efficacy of the somatic treatments for psychological distress and challenge the widespread preference for biologically based treatments as the treatments of choice. For graduate and undergraduate courses in clinical, social, and health psychology, behavioral medicine, psychotherapy and psychoanalysis, psychopharmacology, psychiatry, and clinical social work.

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