



Why Good Coaches Quit: How to Deal with the Other Stuff

John R. Anderson, Ph.D. Rick A. Aberman

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In this fascinating book, a college coach and a sports psychotherapist discuss "the other stuff" that coaches routinely encounter on and off the field—meddlesome parents, demanding administrators, misbehaving kids, confusing rules, negative media—and offer practical advice on how to survive and thrive in the business of sports. It's an ideal resource for coaches of any sport and at any level of competition, as well as school and program administrators who hire and maintain a coaching staff.

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