



# Homeopathic Remedies For Stress

*Miranda Castro*

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## **Homeopathic Remedies For Stress** Miranda Castro

Written in a clear and engaging style, *Homeopathic Remedies for Stress* offers an introduction to homeopathy, with a focus on stress. For more than four dozen specific emotional states of physical causes of stress, Castro suggests several homeopathic treatments, with clear instructions on how to choose the most appropriate solutions.

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