



# Sarah

*Shaw Sarah*

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## **Sarah** Shaw Sarah

Subtitle: From an abusive childhood and the depths of suicidal despair to a life of hope and freedom Sarah Shaw looked in control of her life. She had a successful career as a manager in retail business. But she came to a point when she could no longer keep up appearances, by controlling her tormented inner world. So explosive was her inner pain, and so damaged was she by the consequences of childhood abuse, that she was eventually put on a lifetime's incapacity benefit. Her consultant psychiatrist was at a loss how to help. This story is not, however, about the horrors of abuse, but is an extraordinary testimony to the triumph of God's healing love. The author writes: "So many abused, hurting people don't understand their brokenness. They are stuck, as I was, in the tormenting symptoms of guilt, self-hatred, multiple fears, depression, Obsessive Compulsive Disorder, eating disorders, self-harming and suicidal tendencies. The book gives insights into the Christian healing ministry I received and offers hope to victims of abuse, without negating the reality of the desperate inner conflicts and struggles." "This remarkable book is about true recovery of health by a deeply wronged woman, whom I met more than ten years ago. Rarely is this subject written about, and even more uncommonly in Sarah's calm and thoughtful way." Dr Geoff Searle MBBS. BSc. FRCPsych (Sarah's Psychiatrist) "A profound and moving story - it struck me that despite such harrowing experiences the human spirit can be so resilient and triumphant." Dr Adrian Hutchings MBBS. (Sarah's GP) "So many people around the world have been abused, and often their pain is muffled by secrecy. Thankfully the woman who wrote this book has decided to expose her pain to the light of Jesus Christ. By doing so she has found total healing - and I believe her decision to share her painful secret with the world will help many other abused people find complete emotional recovery." J. Lee Grady - Editor, Charisma Magazine

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