



Sensual Woman: An Exploration of the True Meaning and Value of Sensuality

Sarah Bartlett

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In this controversial and provocative book, Sarah Bartlett explores the history of sensuality and how it can be seen in great women of the past, including those portrayed in myth and legend, and how today's generation can, if willing, recover the lost benefits of true sensuality.

The book argues that today's society has reduced sensuality to a visual phenomenon when, in truth, it is a multi-sense, multi-dimensional feature that can be of immense benefit to the inner person. Sarah Bartlett gently but firmly guides the reader through the history of her diverse topic, discussing the roots and early examples of sensual women, showing how ancient races and cultures developed it, questioning if men have sacrificed their sensuality for the cause of a dominant role which shunned its values, and giving copious examples of sensuality in women from history, myth and legend, and the present day.

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