



Wagon Wheel Kitchens: Food on the Oregon Trail

Jacqueline Williams

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Pioneer temperaments, Jacqueline Williams shows, were greatly influenced by that which was stewable, bakable, broilable, and boilable. Using travelers' diaries, letters, newspaper advertisements, and nineteenth-century cookbooks, Williams re-creates the highs and lows of cooking and eating on the Oregon Trail. She investigates the mundane—biscuits and bacon, mush and coffee—as well as the unexpected—carbonated soda made from bubbling spring water; ice cream created from milk, snow, and peppermint; fresh fruits and vegetables.

Understanding what and how the pioneers ate, Williams demonstrates, is essential to understanding how they lived and survived—and sometimes died—on the trail.

"This book holds an encyclopedia of information culled from diaries and contemporary newspapers. I can't think of a more intimate account of the lives of the overlanders, how they turned their rude wagons into homes, how they made meals both a comfort and a celebration. Some readers will want to try out recipes; others will read in awe as in the midst of difficult travel, women made certain their families marked the Fourth of July with cakes—fruit jelly and sponge-puddings, and ice cream—and clean underwear!"—Lillian Schlissel, author of *Women's Diaries of the Westward Journey and Western Women: Their Lands, Their Lives*

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From reader reviews:

John Jonas:

Playing with family in a park, coming to see the coastal world or hanging out with good friends is thing that usually you will have done when you have spare time, in that case why you don't try matter that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Wagon Wheel Kitchens: Food on the Oregon Trail, you may enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh can happen its mind hangout fellas. What? Still don't get it, oh come on its identified as reading friends.

Brenda Robert:

Your reading sixth sense will not betray an individual, why because this Wagon Wheel Kitchens: Food on the Oregon Trail book written by well-known writer who really knows well how to make book that may be understand by anyone who else read the book. Written with good manner for you, leaking every ideas and publishing skill only for eliminate your personal hunger then you still uncertainty Wagon Wheel Kitchens: Food on the Oregon Trail as good book not simply by the cover but also through the content. This is one book that can break don't assess book by its handle, so do you still needing a different sixth sense to pick this kind of!? Oh come on your reading through sixth sense already told you so why you have to listening to another sixth sense.

Christopher Arnold:

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