



# Soft-Tissue Lasers in Dental Hygiene

*Jessica Blayden, Angie Mott*

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The uses and benefits of soft-tissue lasers in dental hygiene practice are myriad. Lasers are used for more effective debridement, scaling and planning, with less pain and bleeding. Hygienists can detect sub- and supra-gingival calculus, remove the bacteria in pockets, and remove granulation, among other treatments.

*Soft-tissue Lasers in Dental Hygiene* is the first book to explain laser use in periodontal therapy. Authors Jessica Blayden and Angie Mott are registered dental hygienists who have been using laser therapy in their dental hygiene practices for several years, and here they share their experience. Blayden and Mott begin by discussing laser history, physics, components, and safety. They then describe the specifics of periodontal therapy—what lasers can be used for, how to implement them, techniques, and protocols. The authors also present case studies that demonstrate how treatment plans are implemented for varying levels of periodontal disease. The authors conclude with chapters on patient communication and practice management.

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