



## A Harvest of Reflections: Wisdom for the Soul Through the Seasons

Justin Matott

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To reap the fruits of one's labor is a privilege that every gardener cherishes and others only dream of. Now, in this exquisitely rendered book, Justin Matott shares with us the bountiful pleasures that come at the end of the gardening season. For after the harvest, there may be dormancy for a time, but there is still beautiful life--and from it, nature's wisdom becomes our own.

The ripening pumpkin reminds us to let go of summer--and to embrace the richness of autumn. In the barren winter landscape, the constant beauty of the red twig dogwood provides a greeting to visitors all year long. And the fragile white flourish of angel's trumpet salutes the soaring of the spirit.

From autumn to winter to spring, Justin embraces the changing of the seasons as he muses on childhood joys and adult regrets, and gives thanks for the abundance of his life, for friends and family, especially the gently lingering presence of his deceased mother.

In this richly illustrated memoir and gardener's notebook, Justin helps us see that through the changing seasons, in nature's garden, it is in the roots that life is stored--ready to replenish the earth and the spirits of all those who walk upon it.



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