



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Nature Illustrations, Bubblegum)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Lois Maestas:

In this 21st one hundred year, people become competitive in each and every way. By being competitive today, people have to do something to make all of them survive, being in the middle of often the crowded place and notice simply by surrounding. One thing that often many people have underestimated it for a while is reading. Yeah, by reading a reserve your ability to survive enhance then having chance to stand than other is high. For you who want to start reading any book, we give you that Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Nature Illustrations, Bubblegum) book as beginner and daily reading guide. Why, because this book is greater than just a book.

Dorothy Payne:

As people who live in the particular modest era should be up-date about what going on or information even knowledge to make these keep up with the era which can be always change and make progress. Some of you maybe will certainly update themselves by reading books. It is a good choice in your case but the problems coming to an individual is you don't know what one you should start with. This Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Nature Illustrations, Bubblegum) is our recommendation to help you keep up with the world. Why, because this book serves what you want and wish in this era.

Elizabeth Ramsey:

A lot of people always spent their particular free time to vacation as well as go to the outside with their friends and family or their friend. Were you aware? Many a lot of people spent their free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity that's look different you can read any book. It is really fun in your case. If you enjoy the book that you simply read you can spend all day every day to reading a e-book. The book Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Nature Illustrations, Bubblegum) it is extremely good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. When you did not have enough space to develop this book you can buy often the e-book. You can more very easily to read this book from your smart phone. The price is not too expensive but this book offers high quality.

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