

# The Teen Relationship Workbook: For Professionals Helping Teens to Develop Healthy Relationships and Prevent Domestic Violence

Kerry Moles

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Ages 13 - 18. This activity-based workbook for professionals helps adolescents develop healthy, intimate relationships and prevent dating abuse and domestic violence. Appropriate for males and females, ages 12 - 20, in groups or individual sessions. This book offers both educational and experimental components pertaining to this subject. The 50 activities include 68 reproducible worksheet pages plus 50 facilitator information sheets.

Organized into 6 sections:
Evaluating Your Relationships,
Understanding Abuse,
Social Influences, Building Healthy Relationships,
Making Good Decisions,
Review



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