



# **Caribbean Food and Nutrition for CSEC**

Anita Tull, Antonia Coward



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Caribbean Food and Nutrition is the new edition of the market leading text by Anita Tull and Antonia Coward. It has been revised to provide comprehensive coverage of the latest CSEC syllabus in Home Economics: Food and Nutrition. With Caribbean examples, statistics, and photographs, it is the perfect text for students who need a thorough foundation in food and nutrition.

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