



# Flower Coloring Book For Adults Vol 2 (Volume 2)

*Art Therapy Coloring*

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# Flower Coloring Book For Adults Vol 2 (Volume 2)

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## **Flower Coloring Book With a Variety of Detailed Coloring Pages**

In *Flower Coloring Book for Adults Vol. 2*, there are a variety of exquisite flower coloring pages to choose from. From boho-style flower coloring pages to attractive mandala-style flower coloring pages, there is sure to be a flower design that you will love.

In this flower coloring book, there is a healthy mixture of very intricate floral designs and less intricate floral designs. You can get creative and make the flowers in this adult coloring book spring to life by adding your own unique touch. Produce a gorgeous work of art with colored pencils, gel pens, or fine-tip markers. You will have personalized flower coloring pages that you can be proud to call your own. There is a blank page on the back of each flower coloring page so you don't have to worry about bleed-through when coloring with markers.

## **Coloring Flowers Melts The Stress Away**

With *Flower Coloring Book for Adults Vol. 2*, you have a multitude of lovely flower coloring pages that will inspire and immerse you in the elegant beauty of flowers. Whether you take thirty minutes every day for a coloring practice or simply take a moment whenever you have a chance to get a little bit of coloring done, you will receive tremendous benefits from coloring in your adult coloring book.

Coloring is the perfect way to relax, unwind, and lower your stress. It is a great stress relieving habit to get into, and it also gives you incredible artwork that you can frame and hang on your wall as well!

## **Therapeutic Coloring With Flower Coloring Books For Adults**

Coloring is very therapeutic. Many insist that coloring is not the same thing as art therapy because you aren't creating the picture all by yourself. Although coloring in adult coloring books is not clinical art therapy, it is incredibly therapeutic and accessible to anyone who might be intimidated by the thought of facing a completely blank canvas or paper. Coloring intricate designs rendered by talented artists is a meditative activity that relaxes you and gives you a sense of accomplishment. It is a lot of fun, too!

*Flower Coloring Book for Adults Vol. 2* is a delight for coloring book and gardening enthusiasts everywhere. This flower coloring book would make a great gift for yourself or the flower lovers in your life! Lose yourself in floral fantasy and get a copy of *Flower Coloring Book for Adults Vol. 2* today!

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