



Paleo Wraps: Gluten Free Wraps and Paleo Lunch Recipes for Busy People (Paleo Diet Solution Series)

Lucy Fast

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Just to say Thank You for checking out this Book I want to give you a copy of my upcoming book Paleo Pantry: The Beginner's Guide to What Should and Should NOT be in Your Paleo Kitchen.

Go to aPaleoPantry.com to reserve your FREE copy!

"Paleo Wraps: Gluten Free Wraps and Paleo Lunch Recipes for Busy People" is full of delicious and nutritious Paleo recipes for sandwiches and wraps.

Yes, you read that right, Paleo sandwiches and wraps! Give your body the benefits of eating clean by following the Paleo guidelines, while continuing to indulge in simple and refreshing hand-held meals.

I'll let you in on a little secret, Paleo bread, tortillas, and sumptuous sauces exist! Find out how to make your own at home (so you don't have to spend an arm-and-a-leg on the pre-packaged variety) and use them to make delicious wraps and sandwiches.

You'll find Yummy Recipes for:

- * Leafy Lettuce Wraps like Spicy Asian Flank Steak and Marinated Thai Chicken with Peanut Sauce
- * Meat Wraps including Roast Beef and Asparagus, and Ham and Veggie Breakfast Burrito
- * Coconut Flour Wraps and Paleo Sandwich Bread
- * Flavorful Sauces from Cilantro Mayo and Mango Barbeque Sauce to Dijon Mustard

Not only are these all very tasty and packed with vitamins and nutrients, they are easy to take on the go. The Paleo diet is known for helping people to lose unwanted weight, lower cholesterol, stabilize blood sugar, provide antioxidants and help maintain healthy cells.

Just scroll up and get your copy of "Paleo Wraps: Gluten Free Wraps and Paleo Lunch Recipes for Busy People" and welcome sandwiches and wraps back into your Paleo lifestyle for great tasting food, perfect for busy lunchtimes!

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