



The Everything Cooking for Kids Cookbook

Ronni Litz Julien

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Pizza. Hot dogs. Macaroni and cheese. Is it really possible to get kids to eat anything else? For some parents, it seems like the battle just isn't worth it. That's why you need this cookbook. In it, author and nutritionist **Ronni Litz Julien** helps you cook nutritious *and* delicious meals for kids of all ages, including these:

- Grilled French Toast
- Fajita PitaMean Lean Chili
- Pan-Fried Tantalizing Tilapia
- Mandarin Orange Salad
- Apple-Honey Glazed Turkey Breast
- Mighty Tuna Melt
- Oatmeal Cranberry Cookies

. . . and many more! Gone are the days of "at least she's eating!" Guided by childhood nutrition expert Julien, you will learn to prepare well-balanced meals that the whole family will enjoy!

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