



The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge

Pia Edberg

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This is the original book about Hygge that started it all...

In today's world, we're constantly rushing from one thing to the next and are struggling with information overload. We're more disconnected from ourselves and our loved ones than ever before. **Rediscover the joy of the simple things through the Danish concept of Hygge in *The Cozy Life*.** This book will inspire you to slow down and enjoy life's cozy moments!

- Learn about the Danish cultural phenomenon of Hygge, and the secret to why Denmark is consistently rated the happiest country in the world
- Embrace the little things and take simplicity and minimalism up a notch
- Add Hygge into every aspect of your life with practical examples and tips
- Say goodbye to the Winter Blues and live a healthier, centred life

This charming little book, filled with hand drawn illustrations, beautifully addresses that yearning we all have for a more authentic life, created by ourselves instead of external forces.

What's stopping you from living a more meaningful and connected life?

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From reader reviews:

Ellen Farnsworth:

This book untitled The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge to be one of several books that will best seller in this year, honestly, that is because when you read this publication you can get a lot of benefit onto it. You will easily to buy that book in the book retailer or you can order it by using online. The publisher with this book sells the e-book too. It makes you easier to read this book, because you can read this book in your Cell phone. So there is no reason for you to past this book from your list.

Kevin Kennard:

A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Do you know? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read a new book. It is really fun for yourself. If you enjoy the book that you read you can spent the whole day to reading a guide. The book The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge it is very good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. Should you did not have enough space to bring this book you can buy the actual e-book. You can m0ore easily to read this book out of your smart phone. The price is not to fund but this book offers high quality.

Charles Wright:

Is it anyone who having spare time then spend it whole day by means of watching television programs or just telling lies on the bed? Do you need something new? This The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge can be the answer, oh how comes? The new book you know. You are consequently out of date, spending your free time by reading in this completely new era is common not a geek activity. So what these publications have than the others?

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A lot of guide has printed but it takes a different approach. You can get it by web on social media. You can choose the very best book for you, science, comedy, novel, or whatever by means of searching from it. It is called of book The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge. You can include your knowledge by it. Without leaving the printed book, it can add your knowledge and make anyone happier to read. It is most important that, you must aware about e-book. It can bring you from one destination to other place.

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