



The Adventures of Stretch More: Pick-Your-Path Stories for Solving Problems Together

Trina Epstein, Ross Greene

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Meet Stretch More, a rubber-band character who loves video games and skateboarding, but who also has behavior issues that frequently get him in trouble. Stretch is *very* inflexible!

If you know a child like Stretch -- one who has difficulty adapting to changes, handling frustrations, and problem solving -- then this book can help! The book includes three pick-your-path stories and at key points in each story, you get to pick what happens next, as Stretch learns to solve problems together with his parents and teacher.

This is the first children's book to demonstrate Collaborative & Proactive Solutions, a therapy method that presumes kids act poorly because they lack the skills to deal with challenging situations. Together parents and children learn how to defuse the tension and build a more supportive approach to improving behavior. A perfect book for children aged 8 to 13 years who have ADHD, Tourettes, OCD, or Asperger's that also includes an information section for parents.

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