



# Why Are You Angry Bro?: How To Transmute Anger Into Opportunities

*David Mystic*

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## **Why Are You Angry Bro?: How To Transmute Anger Into Opportunities** David Mystic

"Why Are Your Angry Bro?: How To Transmute Anger Into Opportunities" written by David Mystic, is a book that is a lot more than just about anger. It is a book about philosophy, psychology, spirituality, methodology and self-help techniques. Burdened by the memories of his childhood traumas, business failure, and drug-induced psychosis; at the age of 25, he attempted suicide as a way to escape his psychosis and depression. When he experienced a miracle that prevented him from death, he begin to remember not just who he is spiritually; but also what the game of life is about, and why we are all here playing this game. In this book you will learn about spirituality, philosophy, psychology, self-help techniques, how to calm anger and transmute anger into opportunities, and how to create a better world for everyone.

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