



# Alfredo's Journey: An Artist's Creative Life with Bipolar Disorder

*Alfredo Zotti*

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The challenges of love and marriage between partners with Bipolar Disorder

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"As a clinician and academic, one can study and research ever known aspect of a disorder and write scholarly articles for learned journals, but none of this holds the potency of an individual relaying his or her lived experience. Alfredo does just this in his inimitable style, offering hope at every juncture to those who travel a similar road. The story should be read by clinicians, academics and sufferers alike."

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