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Ed Parker Sr. author of the most sold Martial Arts books worldwide. Father of American Kenpo Karate and founder of the International Kenpo Karate Association and the International Karate Championships in Long Beach, California. His famous quote is: "I come to you with only Karate, my empty hands. But should I be forced to defend myself, my principles, or my honor, should it be a matter of life or death, right or wrong, then here are my weapons, Karate, my empty hands."



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