



# From This Day Forward

Philomena Aceto

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Told in her own words, this is one women's account of loving an addict and getting out of an enabling toxic relationship. Philomena Aceto lived with an alcoholic, Heroin addict for 16 years. This is her story told with truth and candor. Now working as a Life Coach and Wellness Advocate for women, Phil tells her story in the hopes of empowering other women to get the support they need. Phil also shares her 6 step program to healing and recovery.



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