



Caffeine Consumption and Health (Nutrition and Diet Research Progress)

Francesco D. Romano

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This book presents current research in the study of caffeine consumption and health. Topics discussed in this compilation include the neuroprotective effects of caffeine; how chronic caffeine improves cardiac recovery following hypoxia; the role of cytochrome P450 in caffeine-herb interactions; the effects of caffeine on attention and motor performance and hypertension; caffeine use in sports and caffeine consumption; and, changes in the function of dopaminergic transmission.

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