



# Designing Your Life: How to Build a Well-Lived, Joyful Life

Bill Burnett, Dave Evans

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# Designing Your Life: How to Build a Well-Lived, Joyful Life

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**Designing Your Life: How to Build a Well-Lived, Joyful Life** Bill Burnett, Dave Evans #1 New York Times Bestseller

At last, a book that shows you how to build—design—a life you can thrive in, at any age or stage

Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve.

In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to *design and build* your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.

- "Designing Your Life walks readers through the process of building a satisfying, meaningful life by approaching the challenge the way a designer would. Experimentation. Wayfinding. Prototyping. Constant iteration. You should read the book. Everyone else will."
- —Daniel Pink, bestselling author of *Drive*
- "This [is] the career book of the next decade and . . . the go-to book that is read as a rite of passage whenever someone is ready to create a life they love."
- —David Kelley, Founder of IDEO
- "An empowering book based on their popular class of the same name at Stanford University . . . Perhaps the book's most important lesson is that the only failure is settling for a life that makes one unhappy. With useful fact-finding exercises, an empathetic tone, and sensible advice, this book will easily earn a place among career-finding classics."
- —Publishers Weekly

From the Hardcover edition.



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